

Lenape Elementary School / Lunch

OCTOBER 2023

Mon 2	Tue 3	Wed 4	Thu 5	Fri 6
Chicken Nuggets Ketchup-pc BBQ Sauce-pc Brown Rice Seasoned Cauliflower Ham & Cheese Sandwich (alternate)	Penne Pasta w/Meatballs French Bread Steamed Carrots Tuna Salad Sandwich (alternate)	French Toast Sticks Sausage Patty Hash Brown Patty Chicken Salad Sandwich (alternate)	Grilled Cheese Alt. Grilled Cheese w/Ham Tomato Soup Black Bean Salad Roast Beef & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 9	Tue 10	Wed 11	Thu 12	Fri 13
Indigenous People's Day- No School	Sweet & Sour Chicken Asian Vegetables Brown Rice Bologna & Cheese Sandwich (alternate)	Breadstick Marinara Sauce Mozzarella Sticks Baby Carrots Turkey Salad Sandwich (alternate)	Soft Taco w/meat and cheese Salsa Sour Cream pc Red Bean Salad Seasoned Corn Egg Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Ranch Dressing Juice-Assorted Salami and Cheese Sandwich (alternate)
Mon 16	Tue 17	Wed 18	Thu 19	Fri 20
Chicken Tenders Ketchup-pc BBQ Sauce-pc Brown Rice Ham & Cheese Sandwich (alternate)	Cheeseburger Alt-Veggie Burger Crinkle Cut French Fries Baby Carrots Tuna Salad Sandwich (alternate)	Baked Ziti Peas French Bread Chicken Salad Sandwich (alternate)	Waffle Sausage Patty Hash Brown Patty Black Bean & Corn Salad Turkey Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)
Mon 23	Tue 24	Wed 25	Thu 26	Fri 27
Chicken Nuggets Ketchup-pc BBQ Sauce-pc Dinner Roll Mashed Potatoes Salami and Cheese Sandwich (alternate)	Macaroni and Cheese Mixed Vegetables 3 Bean Salad Bologna & Cheese Sandwich (alternate)	Hot Dog w/ Bun Sweet Potato Fries Egg Salad Sandwich (alternate)	Mozzarella Grilled Cheese Marinara Sauce Broccoli Turkey Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Lettuce Ranch Dressing Juice-Assorted Ham & Cheese Sandwich (alternate)
Mon 30	Tue 31			
Chicken Tenders BBQ Sauce-pc Ketchup-pc Rice Pilaf Green Beans Roast Beef & Cheese Sandwich (alternate)	Breakfast Burrito Sausage Egg and Cheese Tater Tots Chicken Salad Sandwich (alternate)			

Menu Subject to Change

Condiments BBQ Sauce-pc - Ketchup-pc - Mayo-pc - Mustard-pc - Ranch Dressing - Italian Dressing

Milk Milk-1% - Milk-Chocolate - Milk-Fat Free

Fruit Apple - Apple Juice 4oz Carton - Apple Slices-packaged - Applesauce - Banana - Blueberries-Frozen - Cantaloupe - Fruit Cocktail-Canned - Fruit Punch Juice 4 oz Carton - Grape Juice 4oz Carton - Honeydew Melon - Mixed Berries-Frozen - Orange - Orange Juice 4 oz carton - Peaches-Canned - Pear - Pears-Canned - Pineapple-Canned - Plums - Strawberries-Frozen

Elementary-Daily Entrees Peanut Butter and Jelly Sandwich - Cheese Sandwich

Elementary Breakfast(\$2.30)

Elementary Lunch(\$3.30)

Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/LenapeElementarySchool>

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